

Color Coding

Color coding is a process used to help people commit information to memory. By assigning colors to information, some people are able to **retrieve information** more easily, whether required to **retrieve the information for a test or just because one needs it!**

Here's how it works:

1. Decide how you can divide the information you must learn into categories. See the attached sheet for ideas.
2. Assign a color to those categories. It is best to use colors of highlighters that you have, although you could use regular markers.
3. If you use notecards, highlight the information on the card in the color you chose for that category OR you can just highlight the corner of the notecard. If you are just color coding your notes, highlight the information in your notes according to the categories you chose.
4. Study the information by categories to get to know all the information in that category. Then shuffle the categories.
5. The hope is that when you need to **retrieve the information (on a test perhaps?)**, you will be able to remember that the answer was color coded green because it was in the "cause and effect" category of your notes and be able to more quickly remember the answer.