



February 2024

Student Connection



CUYAHOGA VALLEY CAREER CENTER

Kayla Amick

Revere



Kayla Amick is a junior at Revere High School and is enrolled in CVCC's Sports Medicine Exercise Science (SMES) program instructed by Shawn Fahey. Due to her passion for being active and helping others, Kayla has always had an interest in becoming a personal trainer or something of a similar nature. As soon as she discovered the SMES program offered at CVCC, there was no question or hesitation about attending.

Kayla's favorite aspect about CVCC is being surrounded by students from several different school districts. She also appreciates all of the hands-on learning and opportunities to get involved in that CVCC offers.

"As a visual learner, having the opportunity to learn in lecture and then apply that knowledge physically has been extremely impactful to my learning experience. For example, learning about anatomy and then physically seeing how and what exercises affect what muscles using the equipment we have in class is fascinating. CVCC has given me so many opportunities, more than I could've imagined, and has been such a great experience. I've gained confidence in myself, and the career path that I am pursuing." -Kayla Amick

"Kayla is extremely well spoken and gets along with everyone around her. She comes to class with a smile every day and has the academic and social ability to be successful in any career path. She also competes at an extremely high international level with Irish dance! She is an absolute pleasure to have in the program." -Shawn Fahey, SMES Instructor

After graduation, Kayla hopes to attend college to major in exercise science. Outside of academics, Kayla is involved in Irish dance, competing at an international level where she has been a world qualifier, twice! Keep up the great work, Kayla.

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