



October 2024

# Student Connection



CUYAHOGA VALLEY CAREER CENTER

## Caroline Wilson

### Revere



Caroline Wilson, a junior at Revere High School, is part of the Sports Medicine Exercise Science (SMES) program at CVCC, taught by Shawn Fahey. When the opportunity to attend CVCC arose, it was an easy choice for Caroline, especially after hearing her friend's enthusiastic experience at the school. A lifelong sports enthusiast, Caroline viewed the program as an opportunity to explore a potential career in the field and see if it was the right path for her to pursue after high school.

*"Caroline shows up every day with a smile," said Mr. Fahey. "She has a real interest in exercise science and works hard. She's also a talented varsity cross country and track athlete who treats everyone with respect and communicates well."*

Just a few months into the program, Caroline feels confident in her goal of pursuing sports psychology or physical therapy. *"I actually enjoy going to school because I'm learning about topics I'm passionate about. Mr. Fahey and Mr. Spano (science instructor) make class enjoyable while keeping us on track. I've never liked science until taking anatomy with Mr. Spano, and it means a lot that they always ask how my sports are going. It's clear they both care about their students outside of the classroom – they're just good people."*

Caroline's favorite class experience so far has been learning how to wrap and tape injuries, which helped her bond with her classmates. Outside of school, she competes in track and cross country at Revere High, where she qualified for the state competition last year in the 4x800 relay. This year, she hopes to reach states again in cross country. Caroline also stays active in Art Club, following in her sister's footsteps, who was the previous club president.

In her free time, Caroline enjoys spending time with family and friends and, of course, running. She encourages others to consider CVCC, even if they're unsure about their future career. *"It's a great way to get a head start and discover what you really want to do."* Keep shining, Caroline!

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