

CVCC Café Menu –January 2025

MENU PRICES

Student Lunch- \$3.00
Student Milk- .50

Adult Lunch- 4.75
Adult Milk- .60

Monday	Tuesday	Wednesday	Thursday	Friday
<p>In addition, pepperoni or cheese pizza slices, lunch salads, and yogurt lunches are also served daily (while quantities last) as “Express Lunch” options. Chicken patty sandwiches, mozzarella sticks, cheesy bread, and chicken legs are also served on corresponding days, also as “Express Lunch” options. Just be sure to take a fruit and/or vegetable (and up to two of each), and you may take a milk, for the lunch price.</p>				

<p>6 Cojack Cheeseburger w/lettuce, tomato & pickles Baked Beans French Fries Tropical Fruit Cup Seasonal Fresh Fruit Chocolate or White Milk</p>	<p>7 Beef Soft Taco w/rice, black beans, cheese, lettuce, tomatoes, queso, salsa & light sour cream Seasoned Corn Cucumber Slices w/ranch dip Pineapple Cup Seasonal Fresh Fruit Chocolate or White Milk</p>	<p>8 General Tso’s Chicken Rice Bowl w/shredded carrots Egg Roll Seasoned Broccoli Carrots w/ranch dip Mandarin Orange Cup Seasonal Fresh Fruit Chocolate or White Milk</p>	<p>9 Shredded Beef and Mashed Potato Bowl w/gravy Garlic Roll Seasoned CA Blend Tossed Side Salad Frozen Fruit Juice Cup Seasonal Fresh Fruit Chocolate or White Milk</p>	<p>10 Cheesy Bread w/marinara Whole Grain Roll Seasoned Green Beans Celery Sticks w/PB Fruit Cup Seasonal Fresh Fruit Chocolate or White Milk</p>
<p>13 Roadhouse Burger w/lettuce & tomato slice Baked Beans French Fries Tropical Fruit Cup Seasonal Fresh Fruit Chocolate or White Milk</p>	<p>14 Loaded Beef Nachos w/cheese, lettuce, tomatoes, queso, salsa & light sour cream Seasoned Corn Cucumber Slices w/ranch dip Pineapple Cup Seasonal Fresh Fruit Chocolate or White Milk</p>	<p>15 Chicken & Waffles w/syrup Tater Tots Juice Box Mandarin Orange Cup Seasonal Fresh Fruit Chocolate or White Milk</p>	<p>16 Italian Pepperoni Calzone w/marinara Seasoned CA Blend Tossed Side Salad Frozen Fruit Juice Cup Seasonal Fresh Fruit Chocolate or White Milk</p>	<p>17 No School Teacher Inservice Day</p>
<p>20 No School Martin Luther King Jr. Day</p>	<p>21 Chicken Burrito w/rice, cheese, black beans, lettuce, tomato, queso, salsa and light sour cream Seasoned Corn Cucumber Slices w/ranch dip Pineapple Cup Seasonal Fresh Fruit Chocolate or White Milk</p>	<p>22 Grilled Cheese Tomato Soup Seasoned Broccoli Mandarin Orange Cup Seasonal Fresh Fruit Chocolate or White Milk</p>	<p>23 Beefy Rotini Bake Garlic Roll Seasoned CA Blend Tossed Side Salad Frozen Fruit Juice Cup Seasonal Fresh Fruit Chocolate or White Milk</p>	<p>24 Popcorn Chicken Mashed Potato Bowl w/gravy Whole Grain Roll Seasoned Green Beans Celery Sticks w/PB Fruit Cup Seasonal Fresh Fruit Chocolate or White Milk</p>
<p>27 Cojack Cheeseburger w/lettuce, tomato & pickles Baked Beans French Fries Tropical Fruit Cup Seasonal Fresh Fruit Chocolate or White Milk</p>	<p>28 Beef Soft Taco w/rice, black beans, cheese, lettuce, tomatoes, queso, salsa & light sour cream Seasoned Corn Cucumber Slices w/ranch dip Pineapple Cup Seasonal Fresh Fruit Chocolate or White Milk</p>	<p>29 General Tso’s Chicken Rice Bowl w/shredded carrots Egg Roll Seasoned Broccoli Mandarin Orange Cup Seasonal Fresh Fruit Chocolate or White Milk</p>	<p>30 Shredded Beef and Mashed Potato Bowl w/gravy Garlic Roll Seasoned CA Blend Tossed Side Salad Frozen Fruit Juice Cup Seasonal Fresh Fruit Chocolate or White Milk</p>	<p>31 Cheesy Bread w/marinara Whole Grain Roll Seasoned Green Beans Celery Sticks w/PB Fruit Cup Seasonal Fresh Fruit Chocolate or White Milk</p>

NEWS



NUTRITION UPDATE

*Students **MUST** select at least one fruit and/or vegetable serving with each meal.

*Most grains offered are whole grain rich.

*Healthy vegetables offered weekly include dark green, red/orange and legumes.

*Milk offered daily is 1% or fat free.

*Fresh fruits and vegetables are available every day.

Please note that menus are subject to change without notice due to season and availability.

This institution is an equal opportunity provider.