



December 2024

# Student Connection



CUYAHOGA VALLEY CAREER CENTER

## Alaina Johnson

### Nordonia Hills



Alaina Johnson, a junior at Nordonia High School, is enrolled in CVCC's Sports Medicine Exercise Science (SMES) program, taught by Shawn Fahey. Her lifelong passion for sports inspired her to explore a career in the field, and during her career center tour, the SMES classroom stood out as the most engaging.

Alaina values the hands-on, personalized teaching style of her instructors, Mr. Fahey and anatomy instructor Mr. Spano. One of her favorite class experiences has been learning proper taping techniques. While she had seen others get taped before, she's enjoyed developing the skill herself.

After high school, Alaina plans to pursue a degree in sports psychology. She appreciates how CVCC has made learning more engaging and enjoyable, helping her look forward to school each day. The skills and knowledge she's gaining align perfectly with her career goals, making the experience even more rewarding.

Outside the classroom, Alaina is a dedicated soccer player at Nordonia High School. "Soccer is basically my entire life," she shares. In her free time, she enjoys spending time with her family and friends.

Her advice for students considering CVCC is simple: don't be afraid to take the leap. "Everyone at CVCC is so welcoming, but you will need to put in the work. It will be worth it," she encourages. Keep up the amazing work, Alaina! You're doing great!

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