



April 2025

Student Connection



CUYAHOGA VALLEY CAREER CENTER

Sarah Priest

Brecksville-Broadview Heights



Sarah Priest, a senior at Brecksville-Broadview Heights High School, is currently enrolled in the Sports Medicine Exercise Science program at Cuyahoga Valley Career Center (CVCC), taught by instructor Shawn Fahey. Having undergone physical therapy herself, Sarah believes her personal experiences played a role in sparking her interest in the program. When she first visited CVCC, she was drawn to the hands-on nature of the class and the impressive workout equipment. After graduation, Sarah will be attending the University of Dayton, where she has been accepted into the School of Education and Health Sciences, specifically within the Department of Physical Therapy. She is excited to pursue her dream of becoming a Physical Therapist, with hopes of working with children or athletes. Sarah says her biggest takeaway from her time at CVCC has been gaining confidence—in herself, her abilities, and her future.

Sarah has thrived as a member of HOSA—Future Health Professionals—recently earning 2nd place in Sports Medicine at the HOSA State Leadership Conference in Toledo! Reflecting on her time within the program, Sarah shared, “CVCC has really challenged me, especially with public speaking. We did a lot of presentations in class, and HOSA pushed me outside of my comfort zone. I feel prepared and ready for college because I’ve learned so much and have become more social and confident in my abilities.” She also described CVCC as a refreshing change of pace from traditional high school, adding, “It’s almost felt like a break. I’ve especially enjoyed meeting students from several different school districts and building new friendships.”

In addition to her academic achievements, Sarah has been involved in cheerleading at Brecksville-Broadview Heights High School and is a member of both National Honor Society (NHS) and National Technical Honor Society (NTHS) at CVCC. Outside of school, Sarah works as a restaurant hostess and enjoys spending her free time with friends. Way to go, Sarah! We’re so proud of all you’ve accomplished and can’t wait to see what the future holds for you.

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