



April 2025

Student Connection



CUYAHOGA VALLEY CAREER CENTER

Penelope Bly **North Royalton**



Penelope Bly, a senior at North Royalton High School, is currently enrolled in the Sports Medicine Exercise Science program at Cuyahoga Valley Career Center (CVCC), led by instructor Shawn Fahey. When Penelope toured CVCC, she was intrigued by the wide range of career paths the program could lead to and the opportunity to help others. The hands-on, engaging nature of the course—especially the workout equipment in the classroom—immediately appealed to her, as she's passionate about fitness.

One of Penelope's favorite aspects of CVCC has been connecting with students from different school districts. In class, she has particularly enjoyed designing personalized workout plans for her peers and then putting those workouts into action. She's also an active member of HOSA (Future Health Professionals), recently earning 1st place in Sports Medicine at the HOSA State Conference in Toledo! "Participating in HOSA has really built my confidence and pushed me out of my comfort zone," she shared.

After graduation, Penelope will be attending Cuyahoga Community College (Tri-C), where she'll be part of the Physical Therapist Assisting Program. Outside the classroom, she's a proud member of NTHS, works at BrewWall, and loves spending quality time with her friends. Her religion plays a big role in her life, and she actively gives back through community volunteering.

Her advice for future CVCC students? "It's fun—go for it! But if you're coming here, put in the work. Be all in and take it seriously. Ask questions and take full advantage of every opportunity. You'll learn things that apply not just in your future career, but in everyday life. Don't settle for the bare minimum. My skills have grown so much, and I feel like I'll be ahead in college. I now have the desire to study and really understand the material—not just memorize it for a test." Way to go, Penelope! We're so proud of everything you've accomplished and can't wait to see all the amazing things ahead for you.

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