

# CVCC Café “Main Lunch” Menu –August 2025

## MENU PRICES

Student- \$3.00  
Student Milk- \$.50  
(included w/lunch)  
Adult Lunch- \$4.75  
Adult Milk- \$.60

# Welcome Back to School!

## NEWS



## NUTRITION UPDATE

\*Students **must** select at least one fruit and/or vegetable serving with each meal.

\*Most grains offered are whole grain rich.

\*Healthy vegetables offered weekly include dark green, red/orange, legumes and starchy.

\*Milk offered daily is 1% or fat free.

\*Fresh fruits and vegetables served every day.

Please note that menus are subject to change without notice due to season and availability.

This institution is an equal opportunity provider.

In addition, pepperoni, and cheese pizza slices, lunch salads, and yogurt lunches are also served daily (while quantities last) as “Express Lunch” options. Beginning 9/25-chicken sandwiches, mozzarella sticks, cheesy bread, and chicken legs are also served on corresponding days, also as “Express Lunch” options. Just be sure to take at least one fruit and/or vegetable (and up to 2 of each), and you may take a milk, for the lunch price.

**20** Chicken Patty Sandwich w/lettuce and tomato slice  
French Fries  
Cucumber Slices w/ranch dip  
Mandarin Orange Cup  
Seasonal Fresh Fruit  
Chocolate or White Milk

**21** Cheesy Breadsticks w/marinara sauce  
Juice Box  
Small Tossed Salad  
Frozen Fruit Juice Cup  
Seasonal Fresh Fruit  
Chocolate or White Milk

**22** Turkey Club w/bacon, cheese, lettuce, tomato & Italian Dressing  
Sweet Potato Fries  
Celery Sticks w/PB dip  
Fruit Cup  
Seasonal Fresh Fruit  
Chocolate or White Milk

**25** Pretzel Bacon Cheeseburger w/ lettuce and tomato  
Baked Beans  
French Fries  
Tropical Fruit Cup  
Seasonal Fresh Fruit  
Chocolate or White Milk

**26** Chicken Burrito w/rice cheese, lettuce, tomatoes, beans, queso, salsa & light sour cream  
Seasoned Corn  
Cucumber Slices w/ranch dip  
Pineapple Chunks  
Seasonal Fresh Fruit  
Chocolate or White Milk

**27** Chicken Gyro on pita w/tomato, cucumber, feta and tzatziki sauce  
Seasoned Broccoli  
Sweet Potato Fries  
Mandarin Orange Cup  
Seasonal Fresh Fruit  
Chocolate or White Milk

**28** Rotini w/meatballs  
Garlic Breadstick  
CA Blend  
Tossed Side Salad  
Frozen Fruit Juice Cup  
Seasonal Fresh Fruit  
Chocolate or White Milk

**29** Popcorn Chicken Mashed Potato Bowl w/gravy  
WG Roll  
Seasoned Green Beans  
Celery Sticks w/PB dip  
Fruit Cup  
Seasonal Fresh Fruit  
Chocolate or White Milk

**1**  
**No School**  
**LABOR**  
*Day*