

# CVCC Café Menu–October 2025

## MENU PRICES

Lunch- 3.00  
Ala Carte Lunch- 3.00  
Student Milk- .50  
  
Adult Lunch- 4.75  
Adult Milk- .60  
  
Additional beverages  
and snacks available for  
an extra charge.

## NEWS



## NUTRITION UPDATE

\*Students **must** select **AT LEAST ONE** fruit and/or vegetable serving with each meal.

\*All grains offered are whole grain rich.

\*Healthy vegetables offered weekly include dark green, red/orange and legumes.

\*Milk offered daily is 1% or fat free.

\*Fresh fruits and vegetables served daily.

Please note that menus are subject to change without notice due to season and availability.

This institution is an equal opportunity provider, employer, and lender.

Monday	Tuesday	Wednesday	Thursday	Friday
In addition, pizza, main dish salad, and yogurt lunches available every day. Chicken sandwiches, mozzarella sticks, cheesy bread, and chicken wings are also served as Express Lunch options, with at least one fruit and/or veggie, and up to 2 of each, and you may take a milk. All of the above are while quantities last.				
		<b>1</b> Chicken & Waffles w/syrup Tater Tots Juice Box Mandarin Orange Cup Seasonal Fresh Fruit Chocolate or White Milk	<b>2</b> Italian Pepperoni Calzone w/marinara CA Blend Tossed Side Salad Frozen Fruit Juice Cup Seasonal Fresh Fruit Chocolate or White Milk	<b>3</b> Buffalo Chicken Mac & Cheese Bowl Garlic Toast Seasoned Green Beans Celery Sticks w/PB Fruit Cup Seasonal Fresh Fruit Chocolate or White Milk
<b>6</b> Pretzel Bacon Cheeseburger w/lettuce, tomato and pickles Baked Beans French Fries Peach Cup Seasonal Fresh Fruit Chocolate or White Milk	<b>7</b> Chicken Burrito w/rice, cheese, black beans, queso, lettuce, tomatoes, salsa, & light sour cream Seasoned Corn Cucumber Slices w/ranch Pineapple Chunks Seasonal Fresh Fruit Chocolate or White Milk	<b>8</b> Chicken Gyro on Pita w/tomato, cucumber, feta cheese & Tzatziki Sauce Seasoned Broccoli Sweet Potato Fries Mandarin Orange Cup Seasonal Fresh Fruit Chocolate or White Milk	<b>9</b> Rotini w/meatballs Garlic Breadstick CA Blend Tossed Side Salad Frozen Fruit Juice Cup Seasonal Fresh Fruit Chocolate or White Milk	<b>10</b> NEOEA Day No School
<b>13</b> Cojack Cheeseburger w/lettuce, tomato & pickles Baked Beans French Fries Peach Cup Seasonal Fresh Fruit Chocolate or White Milk	<b>14</b> Fiesta Beef Taco Bowl w/rice, cheese, black beans, queso, lettuce, tomatoes, salsa & light sour cream Seasoned Corn Cucumber Slices w/ranch Pineapple Chunks Seasonal Fresh Fruit Chocolate or White Milk	<b>15</b> General Tso's Chicken Rice Bowl w/shredded carrots Egg Roll Seasoned Broccoli Carrot Sticks w/ranch Mandarin Orange Cup Seasonal Fresh Fruit Chocolate or White Milk	<b>16</b> CVCC-Fil-A Sandwich CA Blend Tossed Side Salad Frozen Fruit Juice Cup Seasonal Fresh Fruit Chocolate or White Milk	<b>17</b> Cheesy Bread w/marinara Seasoned Green Beans Celery Sticks w/PB Fruit Cup Seasonal Fresh Fruit Chocolate or White Milk
<b>20</b> Roadhouse Burger w/lettuce & tomato slice Baked Beans French Fries Peach Cup Seasonal Fresh Fruit Chocolate or White Milk	<b>21</b> Loaded Beef Nachos w/queso, cheese, black beans, lettuce, tomato, salsa & light sour cream Seasoned Corn Cucumber Slices w/ranch Pineapple Chunks Seasonal Fresh Fruit Chocolate or White Milk	<b>22</b> Chicken & Waffles w/syrup Tater Tots Juice Box Mandarin Orange Cup Seasonal Fresh Fruit Chocolate or White Milk	<b>23</b> Italian Pepperoni Calzone w/marinara CA Blend Tossed Side Salad Frozen Fruit Juice Cup Seasonal Fresh Fruit Chocolate or White Milk	<b>24</b> Buffalo Chicken Mac & Cheese Bowl Garlic Toast Seasoned Green Beans Celery Sticks w/PB Fruit Cup Seasonal Fresh Fruit Chocolate or White Milk
<b>27</b> Pretzel Bacon Cheeseburger w/lettuce, tomato and pickles Baked Beans French Fries Peach Cup Seasonal Fresh Fruit Chocolate or White Milk	<b>28</b> Chicken Burrito w/rice, cheese, black beans, queso, lettuce, tomatoes, salsa, & light sour cream Seasoned Corn Cucumber Slices w/ranch Pineapple Chunks Seasonal Fresh Fruit Chocolate or White Milk	<b>29</b> Chicken Gyro on Pita w/tomato, cucumber, feta cheese & Tzatziki Sauce Seasoned Broccoli Sweet Potato Fries Mandarin Orange Cup Seasonal Fresh Fruit Chocolate or White Milk	<b>30</b> Rotini w/meatballs Garlic Breadstick CA Blend Tossed Side Salad Frozen Fruit Juice Cup Seasonal Fresh Fruit Chocolate or White Milk	<b>31</b> Popcorn Chicken Mashed Potato Bowl w/gravy Whole Grain Roll Seasoned Green Beans Celery Sticks w/PB Fruit Cup Seasonal Fresh Fruit Chocolate or White Milk