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# Student Connection



CUYAHOGA VALLEY CAREER CENTER

## Molly Wolfe

### Revere



Molly Wolfe, a student at Revere High School, is enrolled in CVCC's Sports Medicine Exercise Science (SMES) program under the instruction of Shawn Fahey. When she first toured CVCC, Molly knew she was interested in exploring a career in the medical field, partly inspired by her mom, who works in healthcare. During her visit, she was immediately drawn to the SMES program's hands-on curriculum, welcoming environment, and classroom lab space. Molly is using her time at CVCC to explore her future career path, and the program has helped confirm her interest in sports medicine. She plans to attend college to study exercise psychology or similar, with the goal of pursuing a career in sports or physical therapy—while still keeping an open mind as she continues to discover her passions. One of Molly's favorite experiences so far has been competing at the HOSA Regional competition in February, where she and a classmate placed 4th in Health Career Display, earning a spot at the HOSA State Conference in Toledo this April. She also enjoyed a recent field trip to the University of Mount Union, where her class explored their Exercise Science Program. "It was so cool being at Mount Union and learning about their program," Molly shared. "Getting hands-on experience in their lab really helped me picture myself in college and pursuing this field."

Looking ahead, Molly is excited to earn her CPR/First Aid certification as well as her NASM Certified Personal Trainer certification through the program. During her time at CVCC, Molly says she has grown both academically and personally. "I've become more open to making mistakes and asking questions, and I've made so many friends here. It's so cool being surrounded by students from other districts—some of my best friends are people I've met at CVCC. We even hang out outside of class."

Outside of the classroom, Molly was recently inducted into the National Technical Honor Society (NTHS) at CVCC. She is also highly involved at Revere High School, participating in soccer, basketball, and track, as well as National Honor Society, student council, class council, recycling club, and art club. This summer, she plans to work as a lifeguard and enjoys spending her free time with friends, traveling, and being outdoors. Her advice to students considering CVCC: "I was so nervous before attending. The night before the first day, I remember thinking, 'Never mind, I don't want to go.' But I'm so glad I pushed myself and gave it a try—I love it here, and I'm getting a head start on my career." Keep up the great work, Molly!

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